

The Academy of Hwa Rang Do - Appleton

GET MORE INFORMATION ONLINE AT:

<http://hwarangdoappleton.com/>

FREE **SELF-DEFENSE** **AWARENESS CLASS**

Practical Self-Defense Techniques • Confidence
Self-Respect • Positive Attitude • Discipline



Saturday January 16TH 2010

1:00 – 2:30 PM

920-205-8754

City Center Plaza Mall
10 W. College Ave, Suite 205
Appleton, WI 54911

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